

**What's New on the Bayou**

**March 28, 2008**



**Business and Residential  
Computer and Network Services**

- |                           |                            |
|---------------------------|----------------------------|
| Internet Integration      | Spyware Cleaning           |
| Virus Removal             | Network Wiring             |
| Workstation Configuration | Cisco Router Configuration |
| Network Design & Cabling  | Data Migration             |
| Web Viewable Cameras      | UNIX System Administration |
| Security & Firewall Setup | VPN Encryption             |
| Remote/OnSite Admin       | Mail/File Server Setup     |

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**Featured Site**



**Now Hiring**

Bayou Internet is now hiring for the following positions:

- \* Account Executive

To apply, stop by our office at 1109 Hudson Lane in Monroe, email your resume to [jobs@bayou.com](mailto:jobs@bayou.com), or mail it to PO Box 4808, Monroe, LA 71211-4808

**HIGH SPEED**



Fast downloads and  
Instant browsing

**\$19.95** / Mo.  
for the first 3 months

Regular rates apply after 3rd mo.

With **High Speed Internet** from Bayou Internet and Communications, you'll **get more SPEED** and the additional security and privacy afforded by dedicated bandwidth. **Enjoy an "always on" connection.** Your e-mail is always in your inbox waiting for you. You'll be able to place and receive phone calls while using the Internet.

**Only \$19.95 per month for the first 3 months!**

[Learn More About DSL >](#)  
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[Learn More >](#)



**High Speed Satellite**

**High Speed Internet is not out of your reach!!!** Bayou offers the latest in High Speed Internet via satellite by HughesNet. Reliable, affordable and FAST, High Speed Satellite service provides you with DSL speeds practically anywhere and without the need for a phone line.

[Order Now!](#)

**What is the Bayou Internet Online Backup Service?**

Bayou Internet's Online Backup System is a comprehensive data protection system. Bayou Internet offers an easy-to-use and reliable backup solution to ensure that important business and personal data is protected and is readily available when needed. [Click here to learn more and to signup.](#)

**Community Calendar**

**March 28 - April 25**

**Tomorrow**

PAWS of NE Louisiana will have dogs and cats available for adoption at Petco on Saturday, March 29 from 12:00-4:00. The animals are from the Ouachita Parish Animal Shelter. You can see the shelter pets online at [www.parishpets.petfinder.com](http://www.parishpets.petfinder.com). PAWS will be providing 1 FREE pet id tag to

anyone who comes by, additional tags can be purchased for \$2.00 each. For more information about PAWS, visit [www.pawsonela.org](http://www.pawsonela.org) or call 397-0007.

### **Tomorrow**

The Northeast Louisiana Dietetic Association is sponsoring "Run for the Health of it" in order to promote nutrition, fitness & good health throughout the community. The 5-K & 1-K will take place through the scenic woods of Kiroli Park. Awards & door prizes will be presented following the race! All participants will enjoy free refreshments & beverages. Representatives from various health organizations will be offering free health screenings. We invite you to take part! Start Times: 5K Race - 8:30 am 1K Fun Run/Walk - 9:15 am \* Registration: 8:00am until races begin Entry Fees: 5K Pre-Registration \$15\* Race Day \$20 1K Pre-Registration \$10\* Race Day \$15 \*must be postmarked by 3/14 For more info, please contact: Kim Albritton (450-5252) or Mary Cornetta (537-3058).

### **This Weekend**

Monroe Convention Center Currently seeking interested persons to serve as VIPs, Entertainment, and Civic Groups to answer incoming phone lines. Call Rhonda Joyner, 318-387-4560 or email [CPofLaRep@aol.com](mailto:CPofLaRep@aol.com) for more information. [www.telethon4cp.com](http://www.telethon4cp.com)

### **Saturday, April 5th**

On Saturday, April 5th, the public is invited to come out to Kiroli Park in West Monroe from 10:00 a.m. to 2:00 p.m. for a day of fun outdoor activities for the whole family. Events will include: Activity Booths - Booths will feature activities such as water rockets, tornado bottles, stick horse rodeo, friendship bracelet making, horse shoe throwing, hat toss and rubber band shooting, roping, and first aid demonstrations; Cubannapolis 500 - Scouts build cardboard cars leaving a space where they can slip it over their heads and run with it around a race course. Prizes for creativity in decorating, winning the race and various other categories will be given. During the race, Scouts will have to make a pit stop every lap or two for a tire change or rotation (Scouts take their shoes off and put them back on). Additionally, they will get a windshield spray and wipe (wash the face) and will refill the gas (get a drink of water); Scout and Celebrity Cookoff Challenges - Scouts will be participating in cook off challenges with Chef Hans available for advice and some help with spices. Participants will not know what ingredients they have to work with until they arrive that day for the cook off. No charge to attend Scout Expo other than regular Kiroli Park admission cost.

### **Saturday, April 5th**

For one day only, Saturday, April 5, the Biedenharn Museum and Gardens will be transformed into a bonsai garden, courtesy of the Shreveport Bonsai Society. A bonsai exhibit and two workshops will be offered as part of the event. The exhibit will feature a wide variety of bonsai specimens, including Japanese Black Pine, Chinese Elm, Japanese Maple, Shimpaku Juniper, Fukien Tea and Buttonwood. The bonsai garden will be on display in the Fountain Room of the Biedenharn Home from 10 a.m. to 5 p.m. at no cost to visitors. A Juniper Bonsai workshop for adults will be offered from 10 a.m. to 12 p.m. Designed for beginners, participants will learn everything necessary to properly care for and maintain their very own bonsai tree, including the basics of pruning, potting and training. The trees are of a proven easy-care variety. The roots have been pre-trained so every workshop produces an attractive fast-growing bonsai. All tools and supplies will be provided. Registration is \$90 per person. Shreveport Bonsai Society members will also be offering a workshop for children ages 8 and older from 1 p.m. to 3 p.m. The class will be a crash course in bonsai, covering history, species, style, design, care and other topics. Children will work on their very own bonsai under the guidance of the workshop instructor. Parents are encouraged to participate. Everything will be provided, including the tools. Registration is \$60 per child. Each workshop is limited to 10 persons. Pre-registration is required. Registration is first-come, first-served. The workshops will be held in the Welcome Room located in ELsong Gardens

### **Tuesday, April 8th**

Monroe/West Monroe Business and Professional Women, Inc. will meet Tuesday, April 8, 2008 at 11:30 am. at the Atrium Hotel at 2001 Louisville Avenue, Monroe in the Madison Room for networking, lunch and program. A panel discussion on "Women In Non-traditional Roles" will feature speakers Karen Kay, Site Leader of Angus Chemical Company and Gretchen Kovac,

President of Kovac Construction. A \$10.00 buffet luncheon will be available. For reservations or questions about the program or Monroe/West M:onroe BPW, call Beth Betz, President at 323-5700 or Peggy Wells @ 665-5516. Members and guests are invited to attend and see what BPW has to offer.

### **Wednesday, April 16th**

Parents Without Partners, Monroe Chapter will meet on Wednesday, April 16, 2008 at 6:00 PM at Bourdreaux's at 1810 Tower Drive, Monroe for their monthly "Let's Eat Out" social. Parents Without Partners is an organization of persons who must be or have been parents of at least one or more children and are single by reason of death, divorce, separation, or never married. For more information about this event or the organization, call 342-8807.

### **Saturday, April 19th**

The 1st Annual Share The Vision Benefit Motorcycle Ridewill be held Saturday, April 19th, 2008. Proceeds will benefit The National Federation For The Blind. The Nfb is an advocacy organization which is changing what it means to be blind. Through outreach efforts including public education, we are working to eliminate the negative misconceptions about blindness which exist in our society. We believe that blind people can be active members and leaders of their communities. Our organization is part of a nationwide network of more than 700 chapters. We strive to promote equality and opportunity for blind children and adults. On April 19th, please join us for "Share The Vision," a motorcycle benefit rally in Columbia, Louisiana designed to raise funds to promote our programs. Thanks For Your Generous Support.

### **Monday, April 21st**

Monroe/West Monroe Business and Professional Women, Inc. in partnership with WOMENSPEAK Training, will offer a "Media/ Public Speaking Training for Women" workshop on Monday, April 21, 2008 from 8 am - 4 PM at the Atrium at 2001 Louisville, Monroe, in conjunction with Equal Pay Day. This workshop consists of media training tailored specifically for women and their needs as public communicators. Skills learned are applicable to public speaking and group presentations. Co-sponsors for the event are the Atrium and West Monroe/West Ouachita Chamber.

### **Tuesday, April 22nd**

Classical Vocal Recital Honoring Emy-Lou Biedenharn Memorial Scholarship Recipients - Voice majors from the University of Louisiana at Monroe will fill the air with beautiful song as part of a spring recital in the Fountain Room of the Biedenharn Home. Featuring Emy-Lou Biedenharn Memorial Scholarship Recipients, the performance will last one hour and will highlight the vocal music of W.A. Mozart, Antonin Dvorak, and Richard Strauss. Scholarship recipients include Johnny Nichols, tenor, Madonna Gil, soprano, and Melissa Keaster, soprano. A reception will follow the program in the Welcome Room of the conservatory where guests will have the opportunity to meet the students. Biedenharn Museum & Gardens, Monroe, 5 p.m., Reservations Required, Admission is Free. For more information call 318-387-5281, visit [www.bmuseum.org](http://www.bmuseum.org), or E-mail [bmuseum@bayou.com](mailto:bmuseum@bayou.com).

## **Announcements**

### **Submit Your Event!**

If you've got an upcoming event you'd like to posted in our newsletter, please send details and contact information to [newsletter@bayou.com](mailto:newsletter@bayou.com). It's free of charge for any non-profit organization or community event.

### **Newsletter Subscriptions**

If you know someone who would like to receive the Bayou Newsletter, they can subscribe online. Just visit [www.bayou.com](http://www.bayou.com) and newsletter to add an address to the mailing list. It is free of charge and will keep you up to date on everything happening around North Louisiana.

If you no longer wish to receive the Bayou Newsletter, please email [newsletter@bayou.com](mailto:newsletter@bayou.com) to be removed from the mailing list. Please note: Removal takes up to 10 working days. You may receive an additional issue or two before the removal process is completed.

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